



APRIL 2021

**AUTISM
ACCEPTANCE
CAMPAIGN**

Autistic Communication



One Stop Shop
Aberdeen

REFRAMING THE
NARRATIVE
AROUND
#AUTISM

How autistic communication is interpreted

Autistic communication	How it's interpreted
Interrupting (for any reason) or sharing personal stories to empathise	"what I have to say is more important"
Clear use of language	Looking for subtext that isn't there
Skip social house keeping	You don't care about me/my family
Over / under sharing	You are trying to hide something/ not reliable

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How autistic communication is interpreted

Autistic communication	How it's interpreted
Differences in facial expressions/tone	Your facial expression rather than the content of your words
Differences in body language	Lack of eye contact = they are not interested or lying Too much eye contact = flirting or aggression
Info dumping	They only ever want to talk about one thing, I'm bored (unless they share your interest)