

Ron's Calories on bike

Test Date	calories	Low	High	Outliers	Range	Limit	Outliers	Notes	Comments / CAP
nov 29/21	135	OK	OK			OK			level 5
nov 30/21	136	OK	OK		1	OK			
dec 2/21	139	OK	OK		3	OK			
dec 3/21	138	OK	OK		1	OK			
dec 4/21	141	OK	OK		3	OK			
dec 5/21	141	OK	OK		0	OK			
dec 6/21	135	OK	OK		6	OK			
dec 7/21	145	OK	OK		10	OK			
dec 8/21	144	OK	OK		1	OK			
dec 9/21	137	OK	OK		7	OK			
dec 10/21	150	OK	OK		13	OK			
dec 11/21	145	OK	OK		5	OK			No Breakfast
dec 12/21	130	OK	OK		15	OK			
dec 13/21	151	OK	OK		21	OK			
dec 14/21	142	OK	OK		9	OK			
dec 15/21	138	OK	OK		4	OK			
dec 16/21	143	OK	OK		5	OK			
dec 17/21	143	OK	OK		0	OK			
dec 18/21	136	OK	OK		7	OK			
dec 19/21	148	OK	OK		12	OK			
dec 20/21	140	OK	OK		8	OK			
dec 21/21	144	OK	OK		4	OK			
dec 22/21	140	OK	OK		4	OK			
dec 23/21	143	OK	OK		3	OK			
dec 24/21	149	OK	OK		6	OK			
dec 25/21	139	OK	OK		10	OK			
dec 26/21	140	OK	OK		1	OK			
dec 27/21	137	OK	OK		3	OK			
dec 28/21	141	OK	OK		4	OK			
dec 29/21	144	OK	OK		3	OK			
dec 30/21	153	OK	OK		9	OK			
dec 31/21	156	OK	OK		3	OK			
jan 1/22	159	OK	OK		3	OK			
jan 2/22		Failed	OK		159	Failed			
jan 3/22		Failed	OK		0	OK			
jan 4/22		Failed	OK		0	OK			
jan 5/22		Failed	OK		0	OK			
jan 6/22		Failed	OK		0	OK			
jan 7/22		Failed	OK		0	OK			
jan 8/22		Failed	OK		0	OK			

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