

Ron's Blood Pressure

Test Date	sys/dia/pul	sys-dia	Low	High	Outliers	notes	Range	Limit	Outliers	Notes	Comments / CAP
dec 1/21	137/100/68	37	OK	OK				OK			Leslie started cancellation
dec 2/21	147/91/76	56	OK	OK			19	OK			
dec 3/21	118/85/68	33	OK	OK				Failed	23	dropped	
dec 4/21	136/78/69	58	OK	OK				Failed	25	increased	
dec 5/21	129/77/68	52	OK	OK			6	OK			Xmas dinner cancelled
dec 6/21	126/75/70	51	OK	OK			1	OK			
dec 7/21	138/88/70	68	OK	OK			17	OK			
dec 8/21	138/86/70	52	OK	OK			16	OK			
dec 9/21	125/79/67	46	OK	OK			6	OK			
dec 10/21	143/93/83	50	OK	OK			4	OK			
dec 11/21	123/78/65	45	OK	OK			5	OK			
dec 13/21	131/80/66	51	OK	OK			6	OK			
dec 14/21	135/85/68	50	OK	OK			1	OK			
dec 15/21	131/82/67	49	OK	OK			1	OK			3rd vaccine
dec 16/21	146/88/71	58	OK	OK			9	OK			
dec 17/21	138/88/68	50	OK	OK			8	OK			
dec 18/21	141/85/69	56	OK	OK			6	OK			
dec 19/21	136/84/65	52	OK	OK			4	OK			
dec 20/21	139/89/68	50	OK	OK			2	OK			
dec 21/21	126/81/70	45	OK	OK			5	OK			leak in bathroom
dec 22/21	143/86/70	57	OK	OK			12	OK			
dec 23/21	119/75/67	44	OK	OK			13	OK			plumbing repair
dec 24/21	130/86/70	44	OK	OK			0	OK			dry wall repaired
dec 25/21	125/78/79	47	OK	OK			3	OK			christmas day
dec 26/21	143/84/73	59	OK	OK			12	OK			boxing day
dec 27/21	141/86/73	55	OK	OK			4	OK			
dec 28/21	139/86/70	53	OK	OK			2	OK			
dec 29/21	145/88/65	57	OK	OK			4	OK			
dec 30/21	142/85/84	57	OK	OK			0	OK			
dec 31/21	135/84/65	51	OK	OK			6	OK			New Years Eve
jan 1/22	140/84/69	56	OK	OK			5	OK			
jan 2/22	130/84/61	46	OK	OK			10	OK			
jan 3/22	127/86/66	41	OK	OK			5	OK			
jan 4/22	133/80/65	53	OK	OK			12	OK			
jan 5/22	136/86/68	50	OK	OK			3	OK			21 day closure
jan 6/22	124/81/66	43	OK	OK			7	OK			hair cut
jan 7/22	130/91/65	39	OK	OK			4	OK			
jan 8/22	153/87/66	66	OK	OK				Failed	27	increase	C & C visit P visit
jan 9/22	128/86/69	42	OK	OK				Failed	24	dropped	
jan 10/22	134/80/69	54	OK	OK			12	OK			C called sick not covid?
jan 11/22	127/83/72	44	OK	OK			10	OK			
jan 12/22	141/79/70	62	OK	OK			18	OK			
jan 13/22	128/86/70	42	OK	OK			20	OK			
jan 14/22	127/81/68	46	OK	OK			4	OK			

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Test Date	sys/dia/pul	sys-dia	Low	High	Outliers	notes	Range	Limit	Outliers	Notes	Comments / CAP
jan 15/22	128/83/65	45	OK	OK			1	OK			Ron's birthday
jan 16/22	129/82/69	47	OK	OK			2	OK			
jan 17/22	125/78/69	47	OK	OK			0	OK			
jan 18/22	123/81/69	42	OK	OK			5	OK			
jan 19/22	138/86/65	52	OK	OK			10	OK			
jan 20/22	137/86/69	51	OK	OK			1	OK			
jan 21/22	125/72/77	53	OK	OK			2	OK			
jan 22/22	134/89/72	45	OK	OK			8	OK			
jan 23/22	132/88/71	44	OK	OK			1	OK			
jan 24/22	131/87/75	44	OK	OK			0	OK			
jan 25/22	131/88/70	43	OK	OK			1	OK			
jan 26/22	143/84/70	59	OK	OK			16	OK			
jan 27/22	130/75/70	55	OK	OK			4	OK			
jan 28/22	134/88/62	46	OK	OK			9	OK			
jan 29/22	151/87/69	64	OK	OK			18	OK			
jan 30/22	125/79/69	46	OK	OK			18	OK			
jan 31/22	130/84/71	46	OK	OK			0	OK			
feb 1/22	131/81/68	50	OK	OK			4	OK			
feb 2/22	141/90/72	51	OK	OK			1	OK			
feb 3/22	141/87/71	54	OK	OK			3	OK			
feb 4/22	143/89/72	54	OK	OK			0	OK			
feb 5/22	128/88/68	40	OK	OK			14	OK			
feb 6/22	138/88/85	50	OK	OK			10	OK			
feb 7/22	135/85/72	50	OK	OK			0	OK			
feb 8/22	125/84/69	41	OK	OK			9	OK			
feb 9/22	130/84/66	46	OK	OK			5	OK			
feb 10/22	130/84/66	46	OK	OK			0	OK			
feb 11/22	123/83/72	40	OK	OK			6	OK			
feb 12/22	138/85/67	53	OK	OK			13	OK			
feb 13/22	131/89/66	42	OK	OK			11	OK			
feb 14/22	128/85/67	43	OK	OK			1	OK			
feb 15/22	145/88/69	57	OK	OK			14	OK			
feb 16/22	139/86/73	53	OK	OK			4	OK			
feb 17/22	141/90/71	51	OK	OK			2	OK			
feb 18/22	150/86/69	64	OK	OK			13	OK			
feb 19/22	126/92/83	34	OK	OK			Failed		30	dropped	
feb 20/22	137/83/68	54	OK	OK			20	OK			
feb 21/22	125/83/67	42	OK	OK			12	OK			
feb 22/22	134/85/69	49	OK	OK			7	OK			
feb 23/22	127/79/68	48	OK	OK			1	OK			
feb 24/22	141/81/71	60	OK	OK			12	OK			
feb 25/22	147/86/67	61	OK	OK			1	OK			
feb 26/22	115/75/62	40	OK	OK			OK		21	dropped	
feb 27/22	128/86/66	42	OK	OK			2	OK			
feb 28/22	133/84/67	49	OK	OK			7	OK			
											Mark & Ellen visited us
											We visited Andy
											dental work - root removal & implant inserted
											nose bleed in AM & PM
											nose bleed in AM; trip to hospital
											Scott & Margarita visited
											mild nose bleed
											doctor's office off blood thinner one wk
											minor nose bleed
											minor nose bleed
											party @ mike's
											nose bleed between 4 & 5pm

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Test Date	sys/dia/pul	sys-dia	Low	High	Outliers	notes	Range	Limit	Outliers	Notes	Comments / CAP
mar 1/22	126/73/63	53	OK	OK			4	OK			restart blood thinner; no bleeding
mar 2/22	131/81/66	50	OK	OK			3	OK			
mar 3/22	132/86/68	46	OK	OK			4	OK			
mar 4/22	143/93/68	50	OK	OK			4	OK			
mar 5/22	137/83/69	54	OK	OK			4	OK			nose bleed 10 & 11am; Chris visited
mar 6/22	119/79/72	40	OK	OK			14	OK			
mar 7/22	141/85/72	56	OK	OK			16	OK			
mar 8/22	125/86/67	39	OK	OK			17	OK			
mar 9/22	124/90/69	34	OK	OK			5	OK			nose bleed 11am; visit Marj & Brent; club
mar 10/22	127/80/66	47	OK	OK			13	OK			nose bleed 11am
mar 11/22	128/83/70	45	OK	OK			2	OK			
mar 12/22	138/86/67	52	OK	OK			7	OK			
mar 13/22	145/83/68	62	OK	OK			10	OK			
mar 14/22	126/86/73	40	OK	OK				Failed	22	dropped	had issue with gut flora after restaurant meal
mar 15/22	127/82/71	45	OK	OK			5	OK			
mar 16/22	132/85/73	47	OK	OK			2	OK			
mar 17/22	124/80/70	44	OK	OK			3	OK			
mar 18/22	124/89/80	35	OK	OK			9	OK			
mar 19/22	124/85/121	39	OK	OK			4	OK			
mar 20/22	134/83/65	51	OK	OK			12	OK			
mar 21/22	125/80/71	45	OK	OK			6	OK			
mar 22/22	119/64/114	55	OK	OK			10	OK			
mar 23/22	123/78/62	45	OK	OK			10	OK			
mar 24/22	139/84/61	55	OK	OK			10	OK			
mar 25/22	129/73/72	56	OK	OK			1	OK			
mar 26/22	129/79/64	50	OK	OK			6	OK			visited Debbie & Chris
mar 27/22	138/76/88	62	OK	OK			12	OK			visited Marg
mar 28/22	151/93/69	58	OK	OK			4	OK			
mar 29/22	133/75/65	58	OK	OK			0	OK			
mar 30/22	130/84/68	46	OK	OK			12	OK			
mar 31/22	129/78/69	51	OK	OK			5	OK			
apr 1/22	129/86/67	43	OK	OK			8	OK			income tax filed
apr 2/22	121/76/68	45	OK	OK			2	OK			
apr 3/22	143/85/77	58	OK	OK			13	OK			
apr 4/22	118/78/67	40	OK	OK			18	OK			
apr 5/22	137/86/68	51	OK	OK			11	OK			
apr 6/22	134/88/73	46	OK	OK			5	OK			
apr 7/22	128/83/64	45	OK	OK			1	OK			forgot morning pills Clop/Pant/Gab
apr 8/22	135/85/74	50	OK	OK			5	OK			
apr 9/22	128/76/65	52	OK	OK			2	OK			
apr 10/22	133/89/66	44	OK	OK			8	OK			Nose bleed
apr 11/22	133/83/66	50	OK	OK			6	OK			
apr 12/22	122/86/71	36	OK	OK			14	OK			
apr 13/22	127/83/70	44	OK	OK			8	OK			
apr 14/22	134/79/65	55	OK	OK			11	OK			

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apr 15/22	137/84/62	53	OK	OK			2	OK			
apr 16/22	151/130/71		Failed	OK	21	dropped		Failed	32	dropped	Nose bleed - Chris & Christina visited - large meal
apr 17/22	135/77/67	58	OK	OK				Failed	37	increased	Mandarin - Scott, Margarita & Paul
apr 18/22	142/86/88	56	OK	OK		Easter	2	OK			
apr 19/22	137/83/65	54	OK	OK			2	OK			
apr 20/22	134/85/68	49	OK	OK			5	OK			Nose bleed - morning
apr 21/22	132/83/69	49	OK	OK			0	OK			
apr 22/22	140/85/62	55	OK	OK			6	OK			
apr 23/22	130/87/64	43	OK	OK			12	OK			Minor nose bleed - morning
apr 24/22	121/71/73	50	OK	OK			7	OK			
apr 25/22	128/85/67	43	OK	OK			7	OK			
apr 26/22	136/85/69	51	OK	OK			8	OK			
apr 27/22	128/86/65	42	OK	OK			9	OK			
apr 28/22	135/85/68	50	OK	OK			8	OK			
apr 29/22	134/83/65	51	OK	OK			1	OK			
apr 30/22	133/83/66	50	OK	OK			1	OK			
may 1/22	139/85/65	54	OK	OK			4	OK			
may 2/22	129/86/72	43	OK	OK			11	OK			
may 3/22	143/84/65	59	OK	OK			16	OK			Saw ENT Doctor
may 4/22	126/82/70	44	OK	OK			15	OK			
may 5/22	143/82/69	61	OK	OK			17	OK			
may 6/22	141/87/72	54	OK	OK			7	OK			
may 7/22	148/87/70	61	OK	OK			7	OK			
may 8/22	128/79/69	49	OK	OK			12	OK			temp 36.7 C - ok
may 9/22	129/91/78	38	OK	OK			11	OK			temp 37 C - ok
may 10/22	125/87/70	38	OK	OK			0	OK			temp 37.8 C - slight fever
may 11/22	134/83/69	51	OK	OK			13	OK			temp 37.2 C - ok
may 12/22	137/86/88	51	OK	OK			0	OK			temp 37.7 C - slight fever
may 13/22	128/86/70	42	OK	OK			9	OK			temp 38 C - high fever; returned to normal
may 14/22	137/88/70	49	OK	OK			7	OK			temp 37.2 C - ok
may 15/22	142/86/71	56	OK	OK			7	OK			
may 16/22	141/83/69	58	OK	OK			2	OK			
may 17/22	151/99/64	52	OK	OK			6	OK			
may 18/22	137/79/65	58	OK	OK			6	OK			
may 19/22	131/90/62	41	OK	OK			17	OK			
may 20/22	125/82/74	43	OK	OK			2	OK			
may 21/22	128/84/74	44	OK	OK			1	OK			
may 22/22	114/77/76	37	OK	OK			7	OK			
may 23/22	130/87/69	43	OK	OK			6	OK			
may 24/22	146/84/68	62	OK	OK			19	OK			
may 25/22	127/78/69	49	OK	OK			13	OK			
may 26/22	131/86/65	45	OK	OK			4	OK			
may 27/22	135/87/71	48	OK	OK			3	OK			
may 28/22	149/97/76	52	OK	OK			4	OK			
may 29/22	144/94/65	50	OK	OK			2	OK			

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may 30/22	124/82/69	42	OK	OK			8	OK			
may 31/22	141/88/80	53	OK	OK			11	OK			
june 1/22	137/86/70	51	OK	OK			2	OK			
june 2/22	114/71/63	43	OK	OK			8	OK			
june 3/22	131/85/81	46	OK	OK			3	OK			
june 4/22	139/83/65	56	OK	OK			10	OK			Car hit by idiot - no injuries - dealing with insurance
june 5/22	139/83/76	56	OK	OK			0	OK			
june 6/22	142/82/68	60	OK	OK			4	OK			
june 7/22	131/84/76	47	OK	OK			13	OK			
june 8/22	143/89/85	54	OK	OK			7	OK			
june 9/22	141/89/70	52	OK	OK			2	OK			
june 10/22	135/86/76	49	OK	OK			3	OK			
june 11/22	138/88/71	50	OK	OK			1	OK			
june 12/22	143/86/70	57	OK	OK			7	OK			
june 13/22	129/84/71	45	OK	OK			12	OK			
june 14/22	138/99/70	39	OK	OK			6	OK			
june 15/22	133/86/69	47	OK	OK			8	OK			
june 16/22	134/85/75	49	OK	OK			2	OK			
june 17/22	120/82/68	38	OK	OK			11	OK			
june 18/22	139/89/74	50	OK	OK			12	OK			
june 19/22	125/85/74	40	OK	OK			10	OK			
june 20/22	123/82/71	41	OK	OK			1	OK			
june 21/22	129/78/71	51	OK	OK			10	OK			
june 22/22	129/84/69	45	OK	OK			6	OK			
june 23/22	126/86/69	40	OK	OK			5	OK			
june 24/22	127/97/95	30	OK	OK			10	OK			Problem getting tires for Malibu
june 25/22	125/80/71	45	OK	OK			15	OK			
june 26/22	124/82/68	42	OK	OK			3	OK			
june 27/22	124/81/66	43	OK	OK			1	OK			Computer problems
june 28/22	114/72/68	42	OK	OK			1	OK			
june 29/22	123/83/68	40	OK	OK			2	OK			
june 30/22	115/73/65	42	OK	OK			2	OK			
july 1/22	129/83/69	46	OK	OK			4	OK			
july 2/22	121/79/76	42	OK	OK			4	OK			backyard barbeque our place
july 3/22	131/83/71	48	OK	OK			6	OK			
july 4/22	128/85/86	43	OK	OK			5	OK			
july 5/22	129/86/80	43	OK	OK			0	OK			
july 6/22	123/75/68	48	OK	OK			5	OK			
july 7/22	115/70/65	45	OK	OK			3	OK			
july 8/22	120/82/67	38	OK	OK			7	OK			Rogers network down - no cell phone/internet off to rockpile - night club
july 9/22	139/89/64	50	OK	OK			12	OK			
july 10/22	121/81/72	40	OK	OK			10	OK			
july 11/22	139/82/69	57	OK	OK			17	OK			spotty internet service - tv interruptions
july 12/22	126/78/71	48	OK	OK			9	OK			
july 13/22	124/73/70	51	OK	OK			3	OK			

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july 14/22	125/74/74	51	OK	OK			0	OK			
july 15/22	132/83/69	49	OK	OK			2	OK			
july 16/22	131/80/69	51	OK	OK			2	OK			
july 17/22	133/84/69	49	OK	OK			2	OK			
july 18/22	125/85/70	40	OK	OK			9	OK			
july 19/22	124/76/70	48	OK	OK			8	OK			
july 20/22	128/87/77	41	OK	OK			7	OK			
july 21/22	133/83/67	50	OK	OK			9	OK			
july 22/22	127/85/75	42	OK	OK			8	OK			
july 23/22	no reading		Failed	OK				OK			sleep over - camping party
july 24/22	122/74/71	48	OK	OK			6	OK			
july 25/22	132/80/70	52	OK	OK			4	OK			
july 26/22	128/83/74	45	OK	OK			7	OK			
july 27/22	140/84/70	56	OK	OK			11	OK			
july 28/22	134/85/69	49	OK	OK			7	OK			
july 29/22	136/86/71	50	OK	OK			1	OK			
july 30/22	128/86/70	42	OK	OK			8	OK			
july 31/22	126/82/80	44	OK	OK			2	OK			fever 38.4C; muscle aches; difficulty walking
aug 1/22	122/79/84	43	OK	OK			1	OK			Day at the beach, no issue walking
aug 2/22	119/72/86	47	OK	OK			4	OK			fever 38.5C; no appetite
aug 3/22	124/79/71	45	OK	OK			2	OK			first physio appointment - left leg
aug 4/22	124/79/67	45	OK	OK			0	OK			
aug 5/22	119/72/70	47	OK	OK			2	OK			
aug 6/22	120/84/73	36	OK	OK			11	OK			
aug 7/22	141/86/77	55	OK	OK			19	OK			
aug 8/22	107/74/71	33	OK	OK				Failed	22	dropped	Physio appointment - left leg
aug 9/22	126/77/68	49	OK	OK			16	OK			
aug 10/22	130/81/79	49	OK	OK			0	OK			saw Dr Zaidi
aug 11/22	136/95/68	41	OK	OK			8	OK			
aug 12/22	123/81/77	42	OK	OK			1	OK			
aug 13/22	125/82/66	43	OK	OK			1	OK			
aug 14/22	131/82/77	49	OK	OK			6	OK			
aug 15/22	116/75/72	41	OK	OK			8	OK			Physio appointment - left leg
aug 16/22	126/77/68	49	OK	OK			8	OK			
aug 17/22	128/80/70	48	OK	OK			1	OK			visited Andy
aug 18/22	129/79/68	50	OK	OK			2	OK			temperature 37.4C
aug 19/22	123/58/71	65	OK	OK			15	OK			
aug 20/22	134/85/72	49	OK	OK			16	OK			Family gathering, temp 37.1C
aug 21/22	120/78/81	42	OK	OK			7	OK			tired all day; no exercise
aug 22/22	113/80/75	33	OK	OK			9	OK			Physio appointment - left leg
aug 23/22	128/80/70	48	OK	OK			15	OK			
aug 24/22	120/70/65	50	OK	OK			2	OK			
aug 25/22	119/70/69	49	OK	OK			1	OK			
aug 26/22	123/81/64	42	OK	OK			7	OK			
aug 27/22	123/78/67	45	OK	OK			3	OK			

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aug 28/22	123/75/78	48	OK	OK			3	OK			
aug 29/22	121/75/71	46	OK	OK			2	OK			Physio appointment - left leg
aug 30/22	133/83/74	50	OK	OK			4	OK			
aug 31/22	126/84/66	42	OK	OK			8	OK			
sep 1/22	125/77/65	48	OK	OK			6	OK			
sep 2/22	130/83/70	47	OK	OK			1	OK			
sep 3/22	123/85/67	38	OK	OK			9	OK			
sep 4/22	128/99/70	29	OK	OK			9	OK			
sep 5/22	130/82/68	48	OK	OK			19	OK			Labour day
sep 6/22			Failed	OK			48	Failed			
sep 7/22			Failed	OK			0	OK			
sep 8/22			Failed	OK			0	OK			
sep 9/22			Failed	OK			0	OK			Physio appointment - left leg
sep 10/22			Failed	OK			0	OK			
sep 11/22			Failed	OK			0	OK			
sep 12/22			Failed	OK			0	OK			
sep 13/22			Failed	OK			0	OK			
sep 14/22			Failed	OK			0	OK			
sep 15/22			Failed	OK			0	OK			
sep 16/22			Failed	OK			0	OK			
sep 17/22			Failed	OK			0	OK			

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Test Date	sys/dia/pul	sys-dia	Low	High	Outliers	notes	Range	Limit	Outliers	Notes	Comments / CAP
Count/Sum		276			1		278				
Mean		48.14					6.55				
Standard Deviation		6.74					5.71				
Kurtosis		0.09	normal				8.95	not normal			
Skew		0.13	normal				1.84	not normal			
CP		1.1									
CPK		0.6									
		Bin									
Upper Control Limit		68.36	See doctor if it gets higher than this								
		61.62									
		54.88									
		48.14									
		41.40									
		34.66									
Lower Control Limit		27.92	See doctor if it gets lower than this								