

## Ron's Blood Pressure

Test Date	sys/dia/pul	sys-dia	Low	High	Outliers	notes	Range	Limit	Outliers	Notes	Comments / CAP
dec 1/21	137/100/68	37	OK	OK				OK			Leslie started cancellation
dec 2/21	147/91/76	56	OK	OK			19	OK			
dec 3/21	118/85/68	33	OK	OK				Failed	23	dropped	
dec 4/21	136/78/69	58	OK	OK				Failed	25	increased	
dec 5/21	129/77/68	52	OK	OK			6	OK			Xmas dinner cancelled
dec 6/21	126/75/70	51	OK	OK			1	OK			
dec 7/21	138/88/70	OK	Failed	68	anxiety	17	OK				appointment made for 3rd vaccine
dec 8/21	138/86/70	52	OK	OK			16	OK			
dec 9/21	125/79/67	46	OK	OK			6	OK			
dec 10/21	143/93/83	50	OK	OK			4	OK			
dec 11/21	123/78/65	45	OK	OK			5	OK			
dec 13/21	131/80/66	51	OK	OK			6	OK			
dec 14/21	135/85/68	50	OK	OK			1	OK			
dec 15/21	131/82/67	49	OK	OK			1	OK			3rd vaccine
dec 16/21	146/88/71	58	OK	OK			9	OK			
dec 17/21	138/88/68	50	OK	OK			8	OK			
dec 18/21	141/85/69	56	OK	OK			6	OK			
dec 19/21	136/84/65	52	OK	OK			4	OK			
dec 20/21	139/89/68	50	OK	OK			2	OK			
dec 21/21	126/81/70	45	OK	OK			5	OK			leak in bathroom
dec 22/21	143/86/70	57	OK	OK			12	OK			
dec 23/21	119/75/67	44	OK	OK			13	OK			plumbing repair
dec 24/21	130/86/70	44	OK	OK			0	OK			dry wall repaired
dec 25/21	125/78/79	47	OK	OK			3	OK			christmas day
dec 26/21	143/84/73	59	OK	OK			12	OK			boxing day
dec 27/21	141/86/73	55	OK	OK			4	OK			
dec 28/21	139/86/70	53	OK	OK			2	OK			
dec 29/21	145/88/65	57	OK	OK			4	OK			
dec 30/21	142/85/84	57	OK	OK			0	OK			
dec 31/21	135/84/65	51	OK	OK			6	OK			New Years Eve
jan 1/22	140/84/69	56	OK	OK			5	OK			
jan 2/22	130/84/61	46	OK	OK			10	OK			
jan 3/22	127/86/66	41	OK	OK			5	OK			
jan 4/22	133/80/65	53	OK	OK			12	OK			
jan 5/22	136/86/68	50	OK	OK			3	OK			21 day closure
jan 6/22	124/81/66	43	OK	OK			7	OK			hair cut
jan 7/22	130/91/65	39	OK	OK			4	OK			
jan 8/22	153/87/66	66	OK	OK				Failed	27	increase	C & C visit P visit
jan 9/22	128/86/69	42	OK	OK				Failed	24	dropped	
jan 10/22	134/80/69	54	OK	OK			12	OK			C called sick not covid?
jan 11/22	127/83/72	44	OK	OK			10	OK			
jan 12/22	141/79/70	62	OK	OK			18	OK			
jan 13/22	128/86/70	42	OK	OK			20	OK			
jan 14/22	127/81/68	46	OK	OK			4	OK			
jan 15/22	128/83/65	45	OK	OK			1	OK			
jan 16/22	129/82/69	47	OK	OK			2	OK			Ron's birthday
jan 17/22	125/78/69	47	OK	OK			0	OK			
jan 18/22	123/81/69	42	OK	OK			5	OK			

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Test Date	sys/dia/pul	sys-dia	Low	High	Outliers	notes	Range	Limit	Outliers	Notes	Comments / CAP
jan 19/22	138/86/65	52	OK	OK			10	OK			
jan 20/22	137/86/69	51	OK	OK			1	OK			
jan 21/22	125/72/77	53	OK	OK			2	OK			
jan 22/22	134/89/72	45	OK	OK			8	OK			
jan 23/22	132/88/71	44	OK	OK			1	OK			
jan 24/22	131/87/75	44	OK	OK			0	OK			
jan 25/22	131/88/70	43	OK	OK			1	OK			
jan 26/22	143/84/70	59	OK	OK			16	OK			
jan 27/22	130/75/70	55	OK	OK			4	OK			
jan 28/22	134/88/62	46	OK	OK			9	OK			
jan 29/22	151/87/69	64	OK	OK			18	OK			
jan 30/22	125/79/69	46	OK	OK			18	OK			
jan 31/22	130/84/71	46	OK	OK			0	OK			
feb 1/22	131/81/68	50	OK	OK			4	OK			
feb 2/22	141/90/72	51	OK	OK			1	OK			
feb 3/22	141/87/71	54	OK	OK			3	OK			
feb 4/22	143/89/72	54	OK	OK			0	OK			
feb 5/22	128/88/68	40	OK	OK			14	OK			
feb 6/22	138/88/85	50	OK	OK			10	OK			
feb 7/22	135/85/72	50	OK	OK			0	OK			
feb 8/22	125/84/69	41	OK	OK			9	OK			
feb 9/22	130/84/66	46	OK	OK			5	OK			Mark & Ellen visited us
feb 10/22	130/84/66	46	OK	OK			0	OK			We visited Andy
feb 11/22	123/83/72	40	OK	OK			6	OK			dental work - root removal & implant inserted
feb 12/22	138/85/67	53	OK	OK			13	OK			
feb 13/22	131/89/66	42	OK	OK			11	OK			
feb 14/22	128/85/67	43	OK	OK			1	OK			
feb 15/22	145/88/69	57	OK	OK			14	OK			
feb 16/22	139/86/73	53	OK	OK			4	OK			
feb 17/22	141/90/71	51	OK	OK			2	OK			
feb 18/22	150/86/69	64	OK	OK			13	OK			nose bleed in AM & PM
feb 19/22	126/92/83	34	OK	OK				Failed	30	dropped	nose bleed in AM; trip to hospital
feb 20/22	137/83/68	54	OK	OK			20	OK			Scott & Margarita visited
feb 21/22	125/83/67	42	OK	OK			12	OK			mild nose bleed
feb 22/22	134/85/69	49	OK	OK			7	OK			doctor's office off blood thinner one wk
feb 23/22	127/79/68	48	OK	OK			1	OK			
feb 24/22	141/81/71	60	OK	OK			12	OK			minor nose bleed
feb 25/22	147/86/67	61	OK	OK			1	OK			minor nose bleed
feb 26/22	115/75/62	40	OK	OK				OK	21	dropped	party @ mike's
feb 27/22	128/86/66	42	OK	OK			2	OK			nose bleed between 4 & 5pm
feb 28/22	133/84/67	49	OK	OK			7	OK			
mar 1/22	126/73/63	53	OK	OK			4	OK			restart blood thinner; no bleeding
mar 2/22	131/81/66	50	OK	OK			3	OK			
mar 3/22	132/86/68	46	OK	OK			4	OK			
mar 4/22	143/93/68	50	OK	OK			4	OK			
mar 5/22	137/83/69	54	OK	OK			4	OK			nose bleed 10 & 11am; Chris visited
mar 6/22	119/79/72	40	OK	OK			14	OK			
mar 7/22	141/85/72	56	OK	OK			16	OK			
mar 8/22	125/86/67	39	OK	OK			17	OK			

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Test Date	sys/dia/pul	sys-dia	Low	High	Outliers	notes	Range	Limit	Outliers	Notes	Comments / CAP
mar 9/22	124/90/69	34	OK	OK			5	OK			nose bleed 11am; visit Marj & Brent; club
mar 10/22	127/80/66	47	OK	OK			13	OK			nose bleed 11am
mar 11/22	128/83/70	45	OK	OK			2	OK			
mar 12/22	138/86/67	52	OK	OK			7	OK			
mar 13/22	145/83/68	62	OK	OK			10	OK			
mar 14/22	126/86/73	40	OK	OK				Failed	22	dropped	had issue with gut flora after restaurant meal
mar 15/22	127/82/71	45	OK	OK			5	OK			
mar 16/22	132/85/73	47	OK	OK			2	OK			
mar 17/22	124/80/70	44	OK	OK			3	OK			
mar 18/22	124/89/80	35	OK	OK			9	OK			
mar 19/22	124/85/121	39	OK	OK			4	OK			
mar 20/22	134/83/65	51	OK	OK			12	OK			
mar 21/22	125/80/71	45	OK	OK			6	OK			
mar 22/22	119/64/114	55	OK	OK			10	OK			
mar 23/22	123/78/62	45	OK	OK			10	OK			
mar 24/22	139/84/61	55	OK	OK			10	OK			
mar 25/22	129/73/72	56	OK	OK			1	OK			
mar 26/22	129/79/64	50	OK	OK			6	OK			visited Debbie & Chris
mar 27/22	138/76/88	62	OK	OK			12	OK			visited Marg
mar 28/22	151/93/69	58	OK	OK			4	OK			
mar 29/22	133/75/65	58	OK	OK			0	OK			
mar 30/22	130/84/68	46	OK	OK			12	OK			
mar 31/22	129/78/69	51	OK	OK			5	OK			
apr 1/22	129/86/67	43	OK	OK			8	OK			income tax filed
apr 2/22	121/76/68	45	OK	OK			2	OK			
apr 3/22	143/85/77	58	OK	OK			13	OK			
apr 4/22	118/78/67	40	OK	OK			18	OK			
apr 5/22	137/86/68	51	OK	OK			11	OK			
apr 6/22	134/88/73	46	OK	OK			5	OK			
apr 7/22	128/83/64	45	OK	OK			1	OK			forgot morning pills Clop/Pant/Gab
apr 8/22	135/85/74	50	OK	OK			5	OK			
apr 9/22	128/76/65	52	OK	OK			2	OK			
apr 10/22	133/89/66	44	OK	OK			8	OK			Nose bleed
apr 11/22	133/83/66	50	OK	OK			6	OK			
apr 12/22	122/86/71	36	OK	OK			14	OK			
apr 13/22	127/83/70	44	OK	OK			8	OK			
apr 14/22	134/79/65	55	OK	OK			11	OK			
apr 15/22	137/84/62	53	OK	OK			2	OK			
apr 16/22	151/130/71		Failed	OK	21	dropped		Failed	32	dropped	Nose bleed - Chris & Christina visited - large meal
apr 17/22	135/77/67	58	OK	OK				Failed	37	increased	Mandarin - Scott, Margarita & Paul
apr 18/22	142/86/88	56	OK	OK		Easter	2	OK			
apr 19/22	137/83/65	54	OK	OK			2	OK			
apr 20/22	134/85/68	49	OK	OK			5	OK			Nose bleed - morning
apr 21/22	132/83/69	49	OK	OK			0	OK			
apr 22/22	140/85/62	55	OK	OK			6	OK			
apr 23/22	130/87/64	43	OK	OK			12	OK			Minor nose bleed - morning
apr 24/22	121/71/73	50	OK	OK			7	OK			
apr 25/22	128/85/67	43	OK	OK			7	OK			
apr 26/22	136/85/69	51	OK	OK			8	OK			

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apr 27/22	128/86/65	42	OK	OK			9	OK			
apr 28/22	135/85/68	50	OK	OK			8	OK			
apr 29/22	134/83/65	51	OK	OK			1	OK			
apr 30/22	133/83/66	50	OK	OK			1	OK			
may 1/22	139/85/65	54	OK	OK			4	OK			
may 2/22	129/86/72	43	OK	OK			11	OK			
may 3/22	143/84/65	59	OK	OK			16	OK			Saw ENT Doctor
may 4/22	126/82/70	44	OK	OK			15	OK			
may 5/22	143/82/69	61	OK	OK			17	OK			
may 6/22	141/87/72	54	OK	OK			7	OK			
may 7/22	148/87/70	61	OK	OK			7	OK			
may 8/22	128/79/69	49	OK	OK			12	OK			temp 36.7 C - ok
may 9/22	129/91/78	38	OK	OK			11	OK			temp 37 C - ok
may 10/22	125/87/70	38	OK	OK			0	OK			temp 37.8 C - slight fever
may 11/22	134/83/69	51	OK	OK			13	OK			temp 37.2 C - ok
may 12/22	137/86/88	51	OK	OK			0	OK			temp 37.7 C - slight fever
may 13/22	128/86/70	42	OK	OK			9	OK			temp 38 C - high fever; returned to normal
may 14/22	137/88/70	49	OK	OK			7	OK			temp 37.2 C - ok
may 15/22	142/86/71	56	OK	OK			7	OK			
may 16/22	141/83/69	58	OK	OK			2	OK			
may 17/22	151/99/64	52	OK	OK			6	OK			
may 18/22	137/79/65	58	OK	OK			6	OK			
may 19/22	131/90/62	41	OK	OK			17	OK			
may 20/22	125/82/74	43	OK	OK			2	OK			
may 21/22	128/84/74	44	OK	OK			1	OK			
may 22/22	114/77/76	37	OK	OK			7	OK			
may 23/22	130/87/69	43	OK	OK			6	OK			
may 24/22	146/84/68	62	OK	OK			19	OK			
may 25/22	127/78/69	49	OK	OK			13	OK			
may 26/22	131/86/65	45	OK	OK			4	OK			
may 27/22	135/87/71	48	OK	OK			3	OK			
may 28/22	149/97/76	52	OK	OK			4	OK			
may 29/22	144/94/65	50	OK	OK			2	OK			
may 30/22	124/82/69	42	OK	OK			8	OK			
may 31/22	141/88/80	53	OK	OK			11	OK			
june 1/22	137/86/70	51	OK	OK			2	OK			
june 2/22	114/71/63	43	OK	OK			8	OK			
june 3/22	131/85/81	46	OK	OK			3	OK			
june 4/22	139/83/65	56	OK	OK			10	OK			Car hit by idiot - no injuries - dealing with insurance
june 5/22	139/83/76	56	OK	OK			0	OK			
june 6/22	142/82/68	60	OK	OK			4	OK			
june 7/22	131/84/76	47	OK	OK			13	OK			
june 8/22	143/89/85	54	OK	OK			7	OK			
june 9/22	141/89/70	52	OK	OK			2	OK			
june 10/22	135/86/76	49	OK	OK			3	OK			
june 11/22	138/88/71	50	OK	OK			1	OK			
june 12/22	143/86/70	57	OK	OK			7	OK			
june 13/22	129/84/71	45	OK	OK			12	OK			
june 14/22	138/99/70	39	OK	OK			6	OK			

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Test Date	sys/dia/pul	sys-dia	Low	High	Outliers	notes	Range	Limit	Outliers	Notes	Comments / CAP
june 15/22	133/86/69	47	OK	OK			8	OK			
june 16/22	134/85/75	49	OK	OK			2	OK			
june 17/22	120/82/68	38	OK	OK			11	OK			
june 18/22	139/89/74	50	OK	OK			12	OK			
june 19/22	125/85/74	40	OK	OK			10	OK			
june 20/22	123/82/71	41	OK	OK			1	OK			
june 21/22	129/78/71	51	OK	OK			10	OK			
june 22/22	129/84/69	45	OK	OK			6	OK			
june 23/22	126/86/69	40	OK	OK			5	OK			
june 24/22	127/97/95	30	OK	OK			10	OK			Problem getting tires for Malibu
june 25/22	125/80/71	45	OK	OK			15	OK			
june 26/22	124/82/68	42	OK	OK			3	OK			
june 27/22	124/81/66	43	OK	OK			1	OK			Computer problems
june 28/22	114/72/68	42	OK	OK			1	OK			
june 29/22	123/83/68	40	OK	OK			2	OK			
june 30/22	115/73/65	42	OK	OK			2	OK			
july 1/22	129/83/69	46	OK	OK			4	OK			
july 2/22	121/79/76	42	OK	OK			4	OK			backyard barbeque our place
july 3/22	131/83/71	48	OK	OK			6	OK			
july 4/22	128/85/86	43	OK	OK			5	OK			
july 5/22	129/86/80	43	OK	OK			0	OK			
july 6/22	123/75/68	48	OK	OK			5	OK			
july 7/22	115/70/65	45	OK	OK			3	OK			
july 8/22	120/82/67	38	OK	OK			7	OK			Rogers network down - no cell phone/internet
july 9/22	139/89/64	50	OK	OK			12	OK			off to rockpile - night club
july 10/22	121/81/72	40	OK	OK			10	OK			
july 11/22	139/82/69	57	OK	OK			17	OK			spotty internet service - tv interuptions
july 12/22	126/78/71	48	OK	OK			9	OK			
july 13/22	124/73/70	51	OK	OK			3	OK			
july 14/22	125/74/74	51	OK	OK			0	OK			
july 15/22	132/83/69	49	OK	OK			2	OK			
july 16/22	131/80/69	51	OK	OK			2	OK			
july 17/22	133/84/69	49	OK	OK			2	OK			
july 18/22	125/85/70	40	OK	OK			9	OK			
july 19/22	124/76/70	48	OK	OK			8	OK			
july 20/22	128/87/77	41	OK	OK			7	OK			
july 21/22	133/83/67	50	OK	OK			9	OK			
july 22/22	127/85/75	42	OK	OK			8	OK			
july 23/22	no reading		Failed	OK				OK			sleep over - camping party
july 24/22	122/74/71	48	OK	OK			6	OK			
july 25/22	132/80/70	52	OK	OK			4	OK			
july 26/22	128/83/74	45	OK	OK			7	OK			
july 27/22	140/84/70	56	OK	OK			11	OK			
july 28/22	134/85/69	49	OK	OK			7	OK			
july 29/22	136/86/71	50	OK	OK			1	OK			
july 30/22	128/86/70	42	OK	OK			8	OK			
july 31/22	126/82/80	44	OK	OK			2	OK			fever 38.4C; muscle aches; difficulty walking
aug 1/22	122/79/84	43	OK	OK			1	OK			Day at the beach, no issue walking
aug 2/22	119/72/86	47	OK	OK			4	OK			fever 38.5C; no appetite

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Test Date	sys/dia/pul	sys-dia	Low	High	Outliers	notes	Range	Limit	Outliers	Notes	Comments / CAP
aug 3/22	124/79/71	45	OK	OK			2	OK			first physio appointment - left leg
aug 4/22	124/79/67	45	OK	OK			0	OK			
aug 5/22	119/72/70	47	OK	OK			2	OK			
aug 6/22	120/84/73	36	OK	OK			11	OK			
aug 7/22	141/86/77	55	OK	OK			19	OK			
aug 8/22	107/74/71	33	OK	OK				Failed	22	dropped	Physio appointment - left leg
aug 9/22	126/77/68	49	OK	OK			16	OK			
aug 10/22	130/81/79	49	OK	OK			0	OK			Dr Zaidi/reduce gabapentin to 1 in morning
aug 11/22	136/95/68	41	OK	OK			8	OK			
aug 12/22	123/81/77	42	OK	OK			1	OK			
aug 13/22	125/82/66	43	OK	OK			1	OK			
aug 14/22	131/82/77	49	OK	OK			6	OK			
aug 15/22	116/75/72	41	OK	OK			8	OK			Physio appointment - left leg
aug 16/22	126/77/68	49	OK	OK			8	OK			
aug 17/22	128/80/70	48	OK	OK			1	OK			visited Andy
aug 18/22	129/79/68	50	OK	OK			2	OK			temperature 37.4C
aug 19/22	123/58/71	65	OK	OK			15	OK			
aug 20/22	134/85/72	49	OK	OK			16	OK			Family gathering, temp 37.1C
aug 21/22	120/78/81	42	OK	OK			7	OK			tired all day; no exercise
aug 22/22	113/80/75	33	OK	OK			9	OK			Physio appointment - left leg
aug 23/22	128/80/70	48	OK	OK			15	OK			
aug 24/22	120/70/65	50	OK	OK			2	OK			
aug 25/22	119/70/69	49	OK	OK			1	OK			
aug 26/22	123/81/64	42	OK	OK			7	OK			
aug 27/22	123/78/67	45	OK	OK			3	OK			
aug 28/22	123/75/78	48	OK	OK			3	OK			
aug 29/22	121/75/71	46	OK	OK			2	OK			Physio appointment - left leg
aug 30/22	133/83/74	50	OK	OK			4	OK			
aug 31/22	126/84/66	42	OK	OK			8	OK			
sep 1/22	125/77/65	48	OK	OK			6	OK			
sep 2/22	130/83/70	47	OK	OK			1	OK			
sep 3/22	123/85/67	38	OK	OK			9	OK			
sep 4/22	128/99/70	29	OK	OK			9	OK			
sep 5/22	130/82/68	48	OK	OK			19	OK			Labour day
sep 6/22	126/80/72	46	OK	OK			2	OK			
sep 7/22	129/85/66	44	OK	OK			2	OK			
sep 8/22	126/84/69	42	OK	OK			2	OK			
sep 9/22	123/70/75	53	OK	OK			11	OK			Physio left leg/Lunch Terra Cotta Inn
sep 10/22	126/77/69	49	OK	OK			4	OK			
sep 11/22	125/77/67	48	OK	OK			1	OK			Visited Marg
sep 12/22	125/82/74	43	OK	OK			5	OK			Physio appointment - left leg
sep 13/22	132/81/73	51	OK	OK			8	OK			Friend Ron Dropped in for visit/off to club
sep 14/22	124/83/70	41	OK	OK			10	OK			helped L & R/off to club
sep 15/22	122/86/74	36	OK	OK			5	OK			
sep 16/22	126/84/79	42	OK	OK			6	OK			
sep 17/22	no reading		Failed	OK				Failed	42	no reading	weekend party -
sep 18/22	128/86/76	42	OK	OK			0	OK			temp up 37.5F
sep 19/22	125/82/69	43	OK	OK			1	OK			Physio appointment - left leg
sep 20/22	135/86/75	49	OK	OK			6	OK			visit D & D

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Test Date	sys/dia/pul	sys-dia	Low	High	Outliers	notes	Range	Limit	Outliers	Notes	Comments / CAP
sep 21/22	121/84/69	37	OK	OK			12	OK			club night
sep 22/22	135/91/68	44	OK	OK			7	OK			
sep 23/22	129/86/69	43	OK	OK			1	OK			
sep 24/22	131/85/68	46	OK	OK			3	OK			lunch chris / party night R & D
sep 25/22	148/87/73	61	OK	OK			15	OK			
sep 26/22	137/91/72	46	OK	OK			15	OK			
sep 27/22	136/83/66	53	OK	OK			7	OK			physio appointment / club night
sep 28/22	127/85/70	42	OK	OK			11	OK			electrical problems/ <b>stop gabapentin</b>
sep 29/22	138/84/69	54	OK	OK			12	OK			
sep 30/22	125/87/72	38	OK	OK			16	OK			major improvement in walking
oct 1/22	132/85/68	47	OK	OK			9	OK			party @ friends B & B
oct 2/22	126/99/76		Failed	OK		27 increased	20	OK			
oct 3/22	131/72/67	59	OK	OK				Failed	32	dropped	day trip to Coe Hill property
oct 4/22	126/85/78	41	OK	OK			18	OK			physio appointment
oct 5/22	118/73/71	45	OK	OK			4	OK			Lunch with Lauren
oct 6/22	130/85/70	45	OK	OK			0	OK			2km walk - good day
oct 7/22	139/83/64	56	OK	OK			11	OK			club - dancing
oct 8/22	132/79/63	53	OK	OK			3	OK			club - dancing
oct 9/22	123/82/66	41	OK	OK			12	OK			sister's place for thanksgiving
oct 10/22	127/84/70	43	OK	OK			2	OK			visit Danny - friend
oct 11/22	116/87/77	29	OK	OK			14	OK			wedding anniversary - 42 yrs / physio
oct 12/22	131/85/72	46	OK	OK			17	OK			
oct 13/22	124/76/63	48	OK	OK			2	OK			
oct 14/22	126/69/93	57	OK	OK			9	OK			
oct 15/22	126/82/65	44	OK	OK			13	OK			party - cambridge D & K
oct 16/22	119/84/72	35	OK	OK			9	OK			
oct 17/22	127/85/69	42	OK	OK			7	OK			
oct 18/22	123/74/62	49	OK	OK			7	OK			physio - leg
oct 19/22	129/85/65	44	OK	OK			5	OK			
oct 20/22	127/86/64	41	OK	OK			3	OK			
oct 21/22	122/83/68	39	OK	OK			2	OK			Ken passed away
oct 22/22	142/88/67	54	OK	OK			15	OK			party - flamborough D & L
oct 23/22	139/87/79	52	OK	OK			2	OK			visitation/reception - wife's cousin's funeral
oct 24/22	119/77/72	42	OK	OK			10	OK			Marie dress hunting with Lillian
oct 25/22	119/76/68	43	OK	OK			1	OK			physio - leg; Russell passed away
oct 26/22	122/78/70	44	OK	OK			1	OK			
oct 27/22	140/91/63	49	OK	OK			5	OK			
oct 28/22	124/78/69	46	OK	OK			3	OK			
oct 29/22	136/86/69	50	OK	OK			4	OK			Russell's funeral/party - cambridge B & B
oct 30/22	119/79/69	40	OK	OK			10	OK			Scott & Margarita visting; 1st grandbaby on the wa
oct 31/22	134/85/68	49	OK	OK			9	OK			halloween
nov 1/22	135/92/73	43	OK	OK			6	OK			physio - leg
nov 2/22	134/85/71	49	OK	OK			6	OK			Canaray (xrays) - Teeth
nov 3/22	126/84/58	42	OK	OK			7	OK			
nov 4/22	121/78/72	43	OK	OK			1	OK			Visit Rick/Leslie
nov 5/22	126/82/66	44	OK	OK			1	OK			Party @ Mikes
nov 6/22	127/78/69	49	OK	OK			5	OK			
nov 7/22	127/81/65	46	OK	OK			3	OK			
nov 8/22	125/80/64	45	OK	OK			1	OK			Physio - leg

## Ron's Blood Pressure

Test Date	sys/dia/pul	sys-dia	Low	High	Outliers	notes	Range	Limit	Outliers	Notes	Comments / CAP
nov 9/22	126/84/63	42	OK	OK			3	OK			
nov 10/22	120/84/63	36	OK	OK			6	OK			
nov 11/22	115/74/72	41	OK	OK			5	OK			
nov 12/22	127/90/75	37	OK	OK			4	OK			
nov 13/22	122/81/70	41	OK	OK			4	OK			Visit John / Stracks restaurant
nov 14/22	123/81/63	42	OK	OK			1	OK			
nov 15/22	117/85/70	32	OK	OK			10	OK			Physio - leg
nov 16/22	132/83/69	49	OK	OK			17	OK			midas - tires
nov 17/22	137/84/69	53	OK	OK			4	OK			visit debbie & chris
nov 18/22	134/85/66	49	OK	OK			4	OK			
nov 19/22	118/76/65	42	OK	OK			7	OK			
nov 20/22	133/90/67	43	OK	OK			1	OK			visit Chris
nov 21/22	127/86/65	41	OK	OK			2	OK			Marie starts pills for test
nov 22/22	128/94/64	34	OK	OK			7	OK			Physio leg
nov 23/22	129/84/67	45	OK	OK			11	OK			Marie's medical test: Ron to drive
nov 24/22	120/81/64	39	OK	OK			6	OK			
nov 25/22	119/72/67	47	OK	OK			8	OK			Lunch with Lauren
nov 26/22	133/84/61	49	OK	OK			2	OK			Party - Uxbridge R & D
nov 27/22	126/82/64	44	OK	OK			5	OK			
nov 28/22	137/86/68	51	OK	OK			7	OK			
nov 29/22	133/84/68	49	OK	OK			2	OK			Physio - leg
nov 30/22	125/89/77	36	OK	OK			13	OK			Dr Chatterjee stopped one prostate pill
dec 1/22	129/86/72	43	OK	OK			7	OK			
dec 2/22	144/95/79	49	OK	OK			6	OK			
dec 3/22	144/86/71	58	OK	OK			9	OK			Party - Cambridge B & B
dec 4/22	128/85/69	43	OK	OK			15	OK			
dec 5/22	141/92/74	49	OK	OK			6	OK			
dec 6/22	132/83/67	49	OK	OK			0	OK			Physio - leg
dec 7/22	149/87/74	62	OK	OK			13	OK			
dec 8/22	132/92/69	40	OK	OK				Failed	22	flu starts	Party - Cambridge B & B
dec 9/22	101/64/71	37	OK	OK			3	OK			Visit Chris & Debbie
dec 10/22	132/92/72	40	OK	OK			3	OK			Party Waterloo - mike's
dec 11/22	134/85/72	49	OK	OK			9	OK			Lunch - Lillian
dec 12/22	137/86/71	51	OK	OK			2	OK			
dec 13/22	133/84/77	49	OK	OK			2	OK			Physio - leg
dec 14/22	94/59/72	35	OK	OK			14	OK			sick as a dog
dec 15/22	145/92/74	53	OK	OK			18	OK			Day 2 - sick - flue
dec 16/22	135/87/69	48	OK	OK			5	OK			Day 3 - flu gone
dec 17/22	140/88/72	52	OK	OK			4	OK			still feel like crap
dec 18/22	140/89/65	51	OK	OK			1	OK			Pete & Lillian visited
dec 19/22	139/85/72	54	OK	OK			3	OK			
dec 20/22	134/87/76	47	OK	OK			7	OK			physio - leg
dec 21/22	133/86/70	47	OK	OK			0	OK			
dec 22/22	125/78/70	47	OK	OK			0	OK			
dec 23/22	125/81/77	44	OK	OK			3	OK			dentist
dec 24/22	127/85/71	42	OK	OK			2	OK			
dec 25/22	143/84/74	59	OK	OK			17	OK			Christmas - @ Chris's
dec 26/22	117/74/77	43	OK	OK			16	OK			
dec 27/22	142/85/75	57	OK	OK			14	OK			physio - leg

## Ron's Blood Pressure

Test Date	sys/dia/pul	sys-dia	Low	High	Outliers	notes	Range	Limit	Outliers	Notes	Comments / CAP
dec 28/22	122/84/73	38	OK	OK			19	OK			
dec 29/22	132/85/76	47	OK	OK			9	OK			
dec 30/22	142/88/72	54	OK	OK			7	OK			
dec 31/22	126/85/76	41	OK	OK			13	OK			
jan 1/23	133/86/73	47	OK	OK			6	OK			<b>NYE in Cambridge K &amp; D</b>
jan 2/23	171/127/65	44	OK	OK			3	OK			<b>Afternoon @ club</b>
jan 3/23	138/83/75	55	OK	OK			11	OK			<b>Evening @ club</b>
jan 4/23	137/86/77	51	OK	OK			4	OK			
jan 5/23	133/85/75	48	OK	OK			3	OK			<b>Lunch with Lauren - Evening @ club</b>
jan 6/23	141/89/68	52	OK	OK			4	OK			
jan 7/23	138/86/70	52	OK	OK			0	OK			<b>Evening @ club with Lillian</b>
jan 8/23	126/90/68	36	OK	OK			16	OK			<b>Evening @ club</b>
jan 9/23	151/90/67	61	OK	OK		?		<b>Failed</b>	<b>25</b>	<b>increased</b>	<b>Visit Sister</b>
jan 10/23	150/87/65	63	OK	OK			2	OK			<b>Physio - Leg</b>
jan 11/23	114/68/67	46	OK	OK			17	OK			<b>doctor's office</b>
jan 12/23			Failed	OK			46	Failed			
jan 13/23			Failed	OK			0	OK			
jan 14/23			Failed	OK			0	OK			
jan 15/23			Failed	OK			0	OK			<b>party - uxbridge</b>
jan 16/23			Failed	OK			0	OK			<b>Mandarin with kids</b>
jan 17/23			Failed	OK			0	OK			<b>Birthday</b>
jan 18/23			Failed	OK			0	OK			
jan 19/23			Failed	OK			0	OK			

## Ron's Blood Pressure

Test Date	sys/dia/pul	sys-dia	Low	High	Outliers	notes	Range	Limit	Outliers	Notes	Comments / CAP
<b>Count/Sum</b>		401			3		397				
<b>Mean</b>		47.43					6.69				
<b>Standard Deviation</b>		6.65					5.50				
<b>Kurtosis</b>		-0.02	normal								
<b>Skew</b>		0.13	normal								
<b>CP</b>		1.1									
<b>CPK</b>		0.6									
		<b>Bin</b>									
<b>Upper Control Limit</b>		67.37				See doctor if it gets higher than this					
		60.72									
		54.08									
		47.43									
		40.79									
		34.14									
<b>Lower Control Limit</b>		27.50				See doctor if it gets lower than this					