

## Ron's Blood Pressure

Test Date	sys/dia/pul	sys-dia	Low	High	Outliers	notes	Range	Limit	Outliers	Notes	Comments / CAP
dec 1/21	137/100/68	37	OK	OK				OK			Leslie started cancellation
dec 2/21	147/91/76	56	OK	OK			19	OK			
dec 3/21	118/85/68	33	OK	OK				OK	23	dropped	
dec 4/21	136/78/69	58	OK	OK				Failed	25	increased	
dec 5/21	129/77/68	52	OK	OK			6	OK			Xmas dinner cancelled
dec 6/21	126/75/70	51	OK	OK			1	OK			
dec 7/21	138/88/70		OK	Failed	68		17	OK		anxiety?	appointment made for 3rd vaccine
dec 8/21	138/86/70	52	OK	OK			16	OK			
dec 9/21	125/79/67	46	OK	OK			6	OK			
dec 10/21	143/93/83	50	OK	OK			4	OK			
dec 11/21	123/78/65	45	OK	OK			5	OK			
dec 13/21	131/80/66	51	OK	OK			6	OK			
dec 14/21	135/85/68	50	OK	OK			1	OK			
dec 15/21	131/82/67	49	OK	OK			1	OK			3rd vaccine
dec 16/21	146/88/71	58	OK	OK			9	OK			
dec 17/21	138/88/68	50	OK	OK			8	OK			
dec 18/21	141/85/69	56	OK	OK			6	OK			
dec 19/21	136/84/65	52	OK	OK			4	OK			
dec 20/21	139/89/68	50	OK	OK			2	OK			
dec 21/21	126/81/70	45	OK	OK			5	OK			leak in bathroom
dec 22/21	143/86/70	57	OK	OK			12	OK			
dec 23/21	119/75/67	44	OK	OK			13	OK			plumbing repair
dec 24/21	130/86/70	44	OK	OK			0	OK			dry wall repaired
dec 25/21	125/78/79	47	OK	OK			3	OK			christmas day
dec 26/21	143/84/73	59	OK	OK			12	OK			boxing day
dec 27/21	141/86/73	55	OK	OK			4	OK			
dec 28/21	139/86/70	53	OK	OK			2	OK			
dec 29/21	145/88/65	57	OK	OK			4	OK			
dec 30/21	142/85/84	57	OK	OK			0	OK			
dec 31/21	135/84/65	51	OK	OK			6	OK			New Years Eve
jan 1/22	140/84/69	56	OK	OK			5	OK			
jan 2/22	130/84/61	46	OK	OK			10	OK			
jan 3/22	127/86/66	41	OK	OK			5	OK			
jan 4/22	133/80/65	53	OK	OK			12	OK			
jan 5/22	136/86/68	50	OK	OK			3	OK			21 day closure
jan 6/22	124/81/66	43	OK	OK			7	OK			hair cut
jan 7/22	130/91/65	39	OK	OK			4	OK			
jan 8/22	153/87/66	66	OK	OK				Failed	27	covid	C & C visit P visit
jan 9/22	128/86/69	42	OK	OK				Failed	24		
jan 10/22	134/80/69	54	OK	OK			12	OK			C called sick not covid?
jan 11/22	127/83/72	44	OK	OK			10	OK			
jan 12/22	141/79/70	62	OK	OK			18	OK			
jan 13/22	128/86/70	42	OK	OK			20	OK			
jan 14/22	127/81/68	46	OK	OK			4	OK			
jan 15/22	128/83/65	45	OK	OK			1	OK			
jan 16/22	129/82/69	47	OK	OK			2	OK			Ron's birthday
jan 17/22	125/78/69	47	OK	OK			0	OK			
jan 18/22	123/81/69	42	OK	OK			5	OK			

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Test Date	sys/dia/pul	sys-dia	Low	High	Outliers	notes	Range	Limit	Outliers	Notes	Comments / CAP
jan 19/22	138/86/65	52	OK	OK			10	OK			
jan 20/22	137/86/69	51	OK	OK			1	OK			
jan 21/22	125/72/77	53	OK	OK			2	OK			
jan 22/22	134/89/72	45	OK	OK			8	OK			
jan 23/22	132/88/71	44	OK	OK			1	OK			
jan 24/22	131/87/75	44	OK	OK			0	OK			
jan 25/22	131/88/70	43	OK	OK			1	OK			
jan 26/22	143/84/70	59	OK	OK			16	OK			
jan 27/22	130/75/70	55	OK	OK			4	OK			
jan 28/22	134/88/62	46	OK	OK			9	OK			
jan 29/22	151/87/69	64	OK	OK			18	OK			
jan 30/22	125/79/69	46	OK	OK			18	OK			
jan 31/22	130/84/71	46	OK	OK			0	OK			
feb 1/22	131/81/68	50	OK	OK			4	OK			
feb 2/22	141/90/72	51	OK	OK			1	OK			
feb 3/22	141/87/71	54	OK	OK			3	OK			
feb 4/22	143/89/72	54	OK	OK			0	OK			
feb 5/22	128/88/68	40	OK	OK			14	OK			
feb 6/22	138/88/85	50	OK	OK			10	OK			
feb 7/22	135/85/72	50	OK	OK			0	OK			
feb 8/22	125/84/69	41	OK	OK			9	OK			
feb 9/22	130/84/66	46	OK	OK			5	OK			Mark & Ellen visited us
feb 10/22	130/84/66	46	OK	OK			0	OK			We visited Andy
feb 11/22	123/83/72	40	OK	OK			6	OK			dental work - root removal & implant inserted
feb 12/22	138/85/67	53	OK	OK			13	OK			
feb 13/22	131/89/66	42	OK	OK			11	OK			
feb 14/22	128/85/67	43	OK	OK			1	OK			
feb 15/22	145/88/69	57	OK	OK			14	OK			
feb 16/22	139/86/73	53	OK	OK			4	OK			
feb 17/22	141/90/71	51	OK	OK			2	OK			
feb 18/22	150/86/69	64	OK	OK			13	OK			nose bleed in AM & PM
feb 19/22	126/92/83	34	OK	OK			Failed		30	dropped	nose bleed in AM; trip to hospital
feb 20/22	137/83/68	54	OK	OK			20	OK			Scott & Margarita visited
feb 21/22	125/83/67	42	OK	OK			12	OK			mild nose bleed
feb 22/22	134/85/69	49	OK	OK			7	OK			doctor's office off blood thinner one wk
feb 23/22	127/79/68	48	OK	OK			1	OK			
feb 24/22	141/81/71	60	OK	OK			12	OK			minor nose bleed
feb 25/22	147/86/67	61	OK	OK			1	OK			minor nose bleed
feb 26/22	115/75/62	40	OK	OK			21	OK			party @ mike's
feb 27/22	128/86/66	42	OK	OK			2	OK			nose bleed between 4 & 5pm
feb 28/22	133/84/67	49	OK	OK			7	OK			
mar 1/22	126/73/63	53	OK	OK			4	OK			restart blood thinner; no bleeding
mar 2/22	131/81/66	50	OK	OK			3	OK			
mar 3/22	132/86/68	46	OK	OK			4	OK			
mar 4/22	143/93/68	50	OK	OK			4	OK			
mar 5/22	137/83/69	54	OK	OK			4	OK			nose bleed 10 & 11am; Chris visited
mar 6/22	119/79/72	40	OK	OK			14	OK			
mar 7/22	141/85/72	56	OK	OK			16	OK			
mar 8/22	125/86/67	39	OK	OK			17	OK			

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Test Date	sys/dia/pul	sys-dia	Low	High	Outliers	notes	Range	Limit	Outliers	Notes	Comments / CAP
mar 9/22	124/90/69	34	OK	OK			5	OK			nose bleed 11am; visit Marj & Brent; club
mar 10/22	127/80/66	47	OK	OK			13	OK			nose bleed 11am
mar 11/22	128/83/70	45	OK	OK			2	OK			
mar 12/22	138/86/67	52	OK	OK			7	OK			
mar 13/22	145/83/68	62	OK	OK			10	OK			
mar 14/22	126/86/73	40	OK	OK			22	OK			had issue with gut flora after restaurant meal
mar 15/22	127/82/71	45	OK	OK			5	OK			
mar 16/22	132/85/73	47	OK	OK			2	OK			
mar 17/22	124/80/70	44	OK	OK			3	OK			
mar 18/22	124/89/80	35	OK	OK			9	OK			
mar 19/22	124/85/121	39	OK	OK			4	OK			
mar 20/22	134/83/65	51	OK	OK			12	OK			
mar 21/22	125/80/71	45	OK	OK			6	OK			
mar 22/22	119/64/114	55	OK	OK			10	OK			
mar 23/22	123/78/62	45	OK	OK			10	OK			
mar 24/22	139/84/61	55	OK	OK			10	OK			
mar 25/22	129/73/72	56	OK	OK			1	OK			
mar 26/22	129/79/64	50	OK	OK			6	OK			visited Debbie & Chris
mar 27/22	138/76/88	62	OK	OK			12	OK			visited Marg
mar 28/22	151/93/69	58	OK	OK			4	OK			
mar 29/22	133/75/65	58	OK	OK			0	OK			
mar 30/22	130/84/68	46	OK	OK			12	OK			
mar 31/22	129/78/69	51	OK	OK			5	OK			
apr 1/22	129/86/67	43	OK	OK			8	OK			income tax filed
apr 2/22	121/76/68	45	OK	OK			2	OK			
apr 3/22	143/85/77	58	OK	OK			13	OK			
apr 4/22	118/78/67	40	OK	OK			18	OK			
apr 5/22	137/86/68	51	OK	OK			11	OK			
apr 6/22	134/88/73	46	OK	OK			5	OK			
apr 7/22	128/83/64	45	OK	OK			1	OK			forgot morning pills Clop/Pant/Gab
apr 8/22	135/85/74	50	OK	OK			5	OK			
apr 9/22	128/76/65	52	OK	OK			2	OK			
apr 10/22	133/89/66	44	OK	OK			8	OK			Nose bleed
apr 11/22	133/83/66	50	OK	OK			6	OK			
apr 12/22	122/86/71	36	OK	OK			14	OK			
apr 13/22	127/83/70	44	OK	OK			8	OK			
apr 14/22	134/79/65	55	OK	OK			11	OK			
apr 15/22	137/84/62	53	OK	OK			2	OK			
apr 16/22	151/130/71		Failed	OK	21			Failed	32	dropped	Nose bleed - Chris & Christina visited - large meal
apr 17/22	135/77/67	58	OK	OK				Failed	37	increased	Mandarin - Scott, Margarita & Paul
apr 18/22	142/86/88	56	OK	OK		Easter	2	OK			
apr 19/22	137/83/65	54	OK	OK			2	OK			
apr 20/22	134/85/68	49	OK	OK			5	OK			Nose bleed - morning
apr 21/22	132/83/69	49	OK	OK			0	OK			
apr 22/22	140/85/62	55	OK	OK			6	OK			
apr 23/22	130/87/64	43	OK	OK			12	OK			Minor nose bleed - morning
apr 24/22	121/71/73	50	OK	OK			7	OK			
apr 25/22	128/85/67	43	OK	OK			7	OK			
apr 26/22	136/85/69	51	OK	OK			8	OK			

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apr 27/22	128/86/65	42	OK	OK			9	OK			
apr 28/22	135/85/68	50	OK	OK			8	OK			
apr 29/22	134/83/65	51	OK	OK			1	OK			
apr 30/22	133/83/66	50	OK	OK			1	OK			
may 1/22	139/85/65	54	OK	OK			4	OK			
may 2/22	129/86/72	43	OK	OK			11	OK			
may 3/22	143/84/65	59	OK	OK			16	OK			Saw ENT Doctor
may 4/22	126/82/70	44	OK	OK			15	OK			
may 5/22	143/82/69	61	OK	OK			17	OK			
may 6/22	141/87/72	54	OK	OK			7	OK			
may 7/22	148/87/70	61	OK	OK			7	OK			
may 8/22	128/79/69	49	OK	OK			12	OK			temp 36.7 C - ok
may 9/22	129/91/78	38	OK	OK			11	OK			temp 37 C - ok
may 10/22	125/87/70	38	OK	OK			0	OK			temp 37.8 C - slight fever
may 11/22	134/83/69	51	OK	OK			13	OK			temp 37.2 C - ok
may 12/22	137/86/88	51	OK	OK			0	OK			temp 37.7 C - slight fever
may 13/22	128/86/70	42	OK	OK			9	OK			temp 38 C - high fever; returned to normal
may 14/22	137/88/70	49	OK	OK			7	OK			temp 37.2 C - ok
may 15/22	142/86/71	56	OK	OK			7	OK			
may 16/22	141/83/69	58	OK	OK			2	OK			
may 17/22	151/99/64	52	OK	OK			6	OK			
may 18/22	137/79/65	58	OK	OK			6	OK			
may 19/22	131/90/62	41	OK	OK			17	OK			
may 20/22	125/82/74	43	OK	OK			2	OK			
may 21/22	128/84/74	44	OK	OK			1	OK			
may 22/22	114/77/76	37	OK	OK			7	OK			
may 23/22	130/87/69	43	OK	OK			6	OK			
may 24/22	146/84/68	62	OK	OK			19	OK			
may 25/22	127/78/69	49	OK	OK			13	OK			
may 26/22	131/86/65	45	OK	OK			4	OK			
may 27/22	135/87/71	48	OK	OK			3	OK			
may 28/22	149/97/76	52	OK	OK			4	OK			
may 29/22	144/94/65	50	OK	OK			2	OK			
may 30/22	124/82/69	42	OK	OK			8	OK			
may 31/22	141/88/80	53	OK	OK			11	OK			
june 1/22	137/86/70	51	OK	OK			2	OK			
june 2/22	114/71/63	43	OK	OK			8	OK			
june 3/22	131/85/81	46	OK	OK			3	OK			
june 4/22	139/83/65	56	OK	OK			10	OK			Car hit by idiot - no injuries - dealing with insurance
june 5/22	139/83/76	56	OK	OK			0	OK			
june 6/22	142/82/68	60	OK	OK			4	OK			
june 7/22	131/84/76	47	OK	OK			13	OK			
june 8/22	143/89/85	54	OK	OK			7	OK			
june 9/22	141/89/70	52	OK	OK			2	OK			
june 10/22	135/86/76	49	OK	OK			3	OK			
june 11/22	138/88/71	50	OK	OK			1	OK			
june 12/22	143/86/70	57	OK	OK			7	OK			
june 13/22	129/84/71	45	OK	OK			12	OK			
june 14/22	138/99/70	39	OK	OK			6	OK			

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june 15/22	133/86/69	47	OK	OK			8	OK			
june 16/22	134/85/75	49	OK	OK			2	OK			
june 17/22	120/82/68	38	OK	OK			11	OK			
june 18/22	139/89/74	50	OK	OK			12	OK			
june 19/22	125/85/74	40	OK	OK			10	OK			
june 20/22	123/82/71	41	OK	OK			1	OK			
june 21/22	129/78/71	51	OK	OK			10	OK			
june 22/22	129/84/69	45	OK	OK			6	OK			
june 23/22	126/86/69	40	OK	OK			5	OK			
june 24/22	127/97/95	30	OK	OK			10	OK			Problem getting tires for Malibu
june 25/22	125/80/71	45	OK	OK			15	OK			
june 26/22	124/82/68	42	OK	OK			3	OK			
june 27/22	124/81/66	43	OK	OK			1	OK			Computer problems
june 28/22	114/72/68	42	OK	OK			1	OK			
june 29/22	123/83/68	40	OK	OK			2	OK			
june 30/22	115/73/65	42	OK	OK			2	OK			
july 1/22	129/83/69	46	OK	OK			4	OK			
july 2/22	121/79/76	42	OK	OK			4	OK			backyard barbeque our place
july 3/22	131/83/71	48	OK	OK			6	OK			
july 4/22	128/85/86	43	OK	OK			5	OK			
july 5/22	129/86/80	43	OK	OK			0	OK			
july 6/22	123/75/68	48	OK	OK			5	OK			
july 7/22	115/70/65	45	OK	OK			3	OK			
july 8/22	120/82/67	38	OK	OK			7	OK			Rogers network down - no cell phone/internet
july 9/22	139/89/64	50	OK	OK			12	OK			off to rockpile - night club
july 10/22	121/81/72	40	OK	OK			10	OK			
july 11/22	139/82/69	57	OK	OK			17	OK			spotty internet service - tv interruptions
july 12/22	126/78/71	48	OK	OK			9	OK			
july 13/22	124/73/70	51	OK	OK			3	OK			
july 14/22	125/74/74	51	OK	OK			0	OK			
july 15/22	132/83/69	49	OK	OK			2	OK			
july 16/22	131/80/69	51	OK	OK			2	OK			
july 17/22	133/84/69	49	OK	OK			2	OK			
july 18/22	125/85/70	40	OK	OK			9	OK			
july 19/22	124/76/70	48	OK	OK			8	OK			
july 20/22	128/87/77	41	OK	OK			7	OK			
july 21/22	133/83/67	50	OK	OK			9	OK			
july 22/22	127/85/75	42	OK	OK			8	OK			
july 23/22	no reading		Failed	OK				OK			sleep over - camping party
july 24/22	122/74/71	48	OK	OK			6	OK			
july 25/22	132/80/70	52	OK	OK			4	OK			
july 26/22	128/83/74	45	OK	OK			7	OK			
july 27/22	140/84/70	56	OK	OK			11	OK			
july 28/22	134/85/69	49	OK	OK			7	OK			
july 29/22	136/86/71	50	OK	OK			1	OK			
july 30/22	128/86/70	42	OK	OK			8	OK			
july 31/22	126/82/80	44	OK	OK			2	OK			fever 38.4C; muscle aches; difficulty walking
aug 1/22	122/79/84	43	OK	OK			1	OK			Day at the beach, no issue walking
aug 2/22	119/72/86	47	OK	OK			4	OK			fever 38.5C; no appetite

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Test Date	sys/dia/pul	sys-dia	Low	High	Outliers	notes	Range	Limit	Outliers	Notes	Comments / CAP
aug 3/22	124/79/71	45	OK	OK			2	OK			first physio appointment - left leg
aug 4/22	124/79/67	45	OK	OK			0	OK			
aug 5/22	119/72/70	47	OK	OK			2	OK			
aug 6/22	120/84/73	36	OK	OK			11	OK			
aug 7/22	141/86/77	55	OK	OK			19	OK			
aug 8/22	107/74/71	33	OK	OK			22	OK			Physio appointment - left leg
aug 9/22	126/77/68	49	OK	OK			16	OK			
aug 10/22	130/81/79	49	OK	OK			0	OK			Dr Zaidi/reduce gabapentin to 1 in morning
aug 11/22	136/95/68	41	OK	OK			8	OK			
aug 12/22	123/81/77	42	OK	OK			1	OK			
aug 13/22	125/82/66	43	OK	OK			1	OK			
aug 14/22	131/82/77	49	OK	OK			6	OK			
aug 15/22	116/75/72	41	OK	OK			8	OK			Physio appointment - left leg
aug 16/22	126/77/68	49	OK	OK			8	OK			
aug 17/22	128/80/70	48	OK	OK			1	OK			visited Andy
aug 18/22	129/79/68	50	OK	OK			2	OK			temperature 37.4C
aug 19/22	123/58/71	65	OK	OK			15	OK			
aug 20/22	134/85/72	49	OK	OK			16	OK			Family gathering, temp 37.1C
aug 21/22	120/78/81	42	OK	OK			7	OK			tired all day; no exercise
aug 22/22	113/80/75	33	OK	OK			9	OK			Physio appointment - left leg
aug 23/22	128/80/70	48	OK	OK			15	OK			
aug 24/22	120/70/65	50	OK	OK			2	OK			
aug 25/22	119/70/69	49	OK	OK			1	OK			
aug 26/22	123/81/64	42	OK	OK			7	OK			
aug 27/22	123/78/67	45	OK	OK			3	OK			
aug 28/22	123/75/78	48	OK	OK			3	OK			
aug 29/22	121/75/71	46	OK	OK			2	OK			Physio appointment - left leg
aug 30/22	133/83/74	50	OK	OK			4	OK			
aug 31/22	126/84/66	42	OK	OK			8	OK			
sep 1/22	125/77/65	48	OK	OK			6	OK			
sep 2/22	130/83/70	47	OK	OK			1	OK			
sep 3/22	123/85/67	38	OK	OK			9	OK			
sep 4/22	128/99/70	29	OK	OK			9	OK			
sep 5/22	130/82/68	48	OK	OK			19	OK			Labour day
sep 6/22	126/80/72	46	OK	OK			2	OK			
sep 7/22	129/85/66	44	OK	OK			2	OK			
sep 8/22	126/84/69	42	OK	OK			2	OK			
sep 9/22	123/70/75	53	OK	OK			11	OK			Physio left leg/Lunch Terra Cotta Inn
sep 10/22	126/77/69	49	OK	OK			4	OK			
sep 11/22	125/77/67	48	OK	OK			1	OK			Visited Marg
sep 12/22	125/82/74	43	OK	OK			5	OK			Physio appointment - left leg
sep 13/22	132/81/73	51	OK	OK			8	OK			Friend Ron Dropped in for visit/off to club
sep 14/22	124/83/70	41	OK	OK			10	OK			helped L & R/off to club
sep 15/22	122/86/74	36	OK	OK			5	OK			
sep 16/22	126/84/79	42	OK	OK			6	OK			
sep 17/22	no reading		Failed	OK				Failed	42	no reading	weekend party -
sep 18/22	128/86/76	42	OK	OK			0	OK			temp up 37.5F
sep 19/22	125/82/69	43	OK	OK			1	OK			Physio appointment - left leg
sep 20/22	135/86/75	49	OK	OK			6	OK			visit D & D

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Test Date	sys/dia/pul	sys-dia	Low	High	Outliers	notes	Range	Limit	Outliers	Notes	Comments / CAP
sep 21/22	121/84/69	37	OK	OK			12	OK			club night
sep 22/22	135/91/68	44	OK	OK			7	OK			
sep 23/22	129/86/69	43	OK	OK			1	OK			
sep 24/22	131/85/68	46	OK	OK			3	OK			lunch chris / party night R & D
sep 25/22	148/87/73	61	OK	OK			15	OK			
sep 26/22	137/91/72	46	OK	OK			15	OK			
sep 27/22	136/83/66	53	OK	OK			7	OK			physio appointment / club night
sep 28/22	127/85/70	42	OK	OK			11	OK			electrical problems/stop gabapentin
sep 29/22	138/84/69	54	OK	OK			12	OK			
sep 30/22	125/87/72	38	OK	OK			16	OK			major improvement in walking
oct 1/22	132/85/68	47	OK	OK			9	OK			party @ friends B & B
oct 2/22	126/99/76		Failed	OK	27		20	OK			
oct 3/22	131/72/67	59	OK	OK				Failed	32	dropped	day trip to Coe Hill property
oct 4/22	126/85/78	41	OK	OK			18	OK			physio appointment
oct 5/22	118/73/71	45	OK	OK			4	OK			Lunch with Lauren
oct 6/22	130/85/70	45	OK	OK			0	OK			2km walk - good day
oct 7/22	139/83/64	56	OK	OK			11	OK			club - dancing
oct 8/22	132/79/63	53	OK	OK			3	OK			club - dancing
oct 9/22	123/82/66	41	OK	OK			12	OK			sister's place for thanksgiving
oct 10/22	127/84/70	43	OK	OK			2	OK			visit Danny - friend
oct 11/22	116/87/77	29	OK	OK			14	OK			wedding anniversary - 42 yrs / physio
oct 12/22	131/85/72	46	OK	OK			17	OK			
oct 13/22	124/76/63	48	OK	OK			2	OK			
oct 14/22	126/69/93	57	OK	OK			9	OK			
oct 15/22	126/82/65	44	OK	OK			13	OK			party - cambridge D & K
oct 16/22	119/84/72	35	OK	OK			9	OK			
oct 17/22	127/85/69	42	OK	OK			7	OK			
oct 18/22	123/74/62	49	OK	OK			7	OK			physio - leg
oct 19/22	129/85/65	44	OK	OK			5	OK			
oct 20/22	127/86/64	41	OK	OK			3	OK			
oct 21/22	122/83/68	39	OK	OK			2	OK			Ken passed away
oct 22/22	142/88/67	54	OK	OK			15	OK			party - flamborough D & L
oct 23/22	139/87/79	52	OK	OK			2	OK			visitation/reception - wife's cousin's funeral
oct 24/22	119/77/72	42	OK	OK			10	OK			Marie dress hunting with Lillian
oct 25/22	119/76/68	43	OK	OK			1	OK			physio - leg; Russell passed away
oct 26/22	122/78/70	44	OK	OK			1	OK			
oct 27/22	140/91/63	49	OK	OK			5	OK			
oct 28/22	124/78/69	46	OK	OK			3	OK			
oct 29/22	136/86/69	50	OK	OK			4	OK			Russell's funeral/party - cambridge B & B
oct 30/22	119/79/69	40	OK	OK			10	OK			Scott & Margarita visting; 1st grandbaby on the wa
oct 31/22	134/85/68	49	OK	OK			9	OK			halloween
nov 1/22	135/92/73	43	OK	OK			6	OK			physio - leg
nov 2/22	134/85/71	49	OK	OK			6	OK			Canaray (xrays) - Teeth
nov 3/22	126/84/58	42	OK	OK			7	OK			
nov 4/22	121/78/72	43	OK	OK			1	OK			Visit Rick/Leslie
nov 5/22	126/82/66	44	OK	OK			1	OK			Party @ Mikes
nov 6/22	127/78/69	49	OK	OK			5	OK			
nov 7/22	127/81/65	46	OK	OK			3	OK			
nov 8/22	125/80/64	45	OK	OK			1	OK			Physio - leg

## Ron's Blood Pressure

Test Date	sys/dia/pul	sys-dia	Low	High	Outliers	notes	Range	Limit	Outliers	Notes	Comments / CAP
nov 9/22	126/84/63	42	OK	OK			3	OK			
nov 10/22	120/84/63	36	OK	OK			6	OK			
nov 11/22	115/74/72	41	OK	OK			5	OK			
nov 12/22	127/90/75	37	OK	OK			4	OK			
nov 13/22	122/81/70	41	OK	OK			4	OK			Visit John / Stracks restaurant
nov 14/22	123/81/63	42	OK	OK			1	OK			
nov 15/22	117/85/70	32	OK	OK			10	OK			Physio - leg
nov 16/22	132/83/69	49	OK	OK			17	OK			midas - tires
nov 17/22	137/84/69	53	OK	OK			4	OK			visit debbie & chris
nov 18/22	134/85/66	49	OK	OK			4	OK			
nov 19/22	118/76/65	42	OK	OK			7	OK			
nov 20/22	133/90/67	43	OK	OK			1	OK			visit Chris
nov 21/22	127/86/65	41	OK	OK			2	OK			Marie starts pills for test
nov 22/22	128/94/64	34	OK	OK			7	OK			Physio leg
nov 23/22	129/84/67	45	OK	OK			11	OK			Marie's medical test: Ron to drive
nov 24/22	120/81/64	39	OK	OK			6	OK			
nov 25/22	119/72/67	47	OK	OK			8	OK			Lunch with Lauren
nov 26/22	133/84/61	49	OK	OK			2	OK			Party - Uxbridge R & D
nov 27/22	126/82/64	44	OK	OK			5	OK			
nov 28/22	137/86/68	51	OK	OK			7	OK			
nov 29/22	133/84/68	49	OK	OK			2	OK			Physio - leg
nov 30/22	125/89/77	36	OK	OK			13	OK			Dr Chatterjee stopped one prostate pill
dec 1/22	129/86/72	43	OK	OK			7	OK			
dec 2/22	144/95/79	49	OK	OK			6	OK			
dec 3/22	144/86/71	58	OK	OK			9	OK			Party - Cambridge B & B
dec 4/22	128/85/69	43	OK	OK			15	OK			
dec 5/22	141/92/74	49	OK	OK			6	OK			
dec 6/22	132/83/67	49	OK	OK			0	OK			Physio - leg
dec 7/22	149/87/74	62	OK	OK			13	OK			
dec 8/22	132/92/69	40	OK	OK			22	OK		flu starts	Party - Cambridge B & B
dec 9/22	101/64/71	37	OK	OK			3	OK			Visit Chris & Debbie
dec 10/22	132/92/72	40	OK	OK			3	OK			Party Waterloo - mike's
dec 11/22	134/85/72	49	OK	OK			9	OK			Lunch - Lillian
dec 12/22	137/86/71	51	OK	OK			2	OK			
dec 13/22	133/84/77	49	OK	OK			2	OK			Physio - leg
dec 14/22	94/59/72	35	OK	OK			14	OK			sick as a dog
dec 15/22	145/92/74	53	OK	OK			18	OK			Day 2 - sick - flue
dec 16/22	135/87/69	48	OK	OK			5	OK			Day 3- flu gone
dec 17/22	140/88/72	52	OK	OK			4	OK			still feel like crap
dec 18/22	140/89/65	51	OK	OK			1	OK			Pete & Lillian visited
dec 19/22	139/85/72	54	OK	OK			3	OK			
dec 20/22	134/87/76	47	OK	OK			7	OK			physio - leg
dec 21/22	133/86/70	47	OK	OK			0	OK			
dec 22/22	125/78/70	47	OK	OK			0	OK			
dec 23/22	125/81/77	44	OK	OK			3	OK			dentist
dec 24/22	127/85/71	42	OK	OK			2	OK			
dec 25/22	143/84/74	59	OK	OK			17	OK			Christmas - @ Chris's
dec 26/22	117/74/77	43	OK	OK			16	OK			
dec 27/22	142/85/75	57	OK	OK			14	OK			physio - leg



## Ron's Blood Pressure

Test Date	sys/dia/pul	sys-dia	Low	High	Outliers	notes	Range	Limit	Outliers	Notes	Comments / CAP
dec 28/22	122/84/73	38	OK	OK			19	OK			
dec 29/22	132/85/76	47	OK	OK			9	OK			
dec 30/22	142/88/72	54	OK	OK			7	OK			
dec 31/22	126/85/76	41	OK	OK			13	OK			NYE in Cambridge K & D
jan 1/23	133/86/73	47	OK	OK			6	OK			Afternoon @ club
jan 2/23	171/127/65	44	OK	OK			3	OK			Evening @ club
jan 3/23	138/83/75	55	OK	OK			11	OK			
jan 4/23	137/86/77	51	OK	OK			4	OK			Lunch with Lauren - Evening @ club
jan 5/23	133/85/75	48	OK	OK			3	OK			
jan 6/23	141/89/68	52	OK	OK			4	OK			Evening @ club with Lillian
jan 7/23	138/86/70	52	OK	OK			0	OK			Evening @ club
jan 8/23	126/90/68	36	OK	OK			16	OK			Visit Sister
jan 9/23	151/90/67	61	OK	OK				Failed	25	increased	
jan 10/23	150/87/65	63	OK	OK			2	OK			Physio - Leg
jan 11/23	114/68/67	46	OK	OK			17	OK			doctor's office
jan 12/23	128/81/64	47	OK	OK			1	OK			
jan 13/23	142/85/70	57	OK	OK			10	OK			
jan 14/23	127/77/63	50	OK	OK			7	OK			party - uxbridge
jan 15/23	121/76/80	45	OK	OK			5	OK			Mandarin with kids
jan 16/23	147/86/68	61	OK	OK			16	OK			MY Birthday; IHOP/Lillian
jan 17/23	148/106/67	42	OK	OK			19	OK			
jan 18/23	134/88/71	46	OK	OK			4	OK			
jan 19/23	139/87/70	52	OK	OK			6	OK			
jan 20/23	140/86/65	54	OK	OK			2	OK			
jan 21/23	118/86/67	32	OK	OK			22	OK			Party - Waterloo
jan 22/23	127/86/69	41	OK	OK			9	OK			
jan 23/23	137/93/78	44	OK	OK			3	OK			club - afternoon
jan 24/23	112/73/81	39	OK	OK			5	OK			Physio - leg; club afternoon;couple patrons
jan 25/23	149/96/80	53	OK	OK			14	OK			club - evening
jan 26/23	133/86/75	47	OK	OK			6	OK			club - evening
jan 27/23	121/82/76	39	OK	OK			8	OK			
jan 28/23	149/88/76	61	OK	OK			22	OK			haircut
jan 29/23	139/91/70	48	OK	OK			13	OK			club - afternoon
jan 30/23	107/89/66		Failed	OK	18			Failed	30	dropped	covid virus air borne in Salon?
jan 31/23	141/98/72	43	OK	OK				Failed	25	increased	
feb 1/23	148/94/63	54	OK	OK			11	OK			club - evening
feb 2/23	134/83/71	51	OK	OK			3	OK			
feb 3/23	146/91/72	55	OK	OK			4	OK			
feb 4/23	139/86/66	53	OK	OK			2	OK			party - cambridge
feb 5/23	125/86/81	39	OK	OK			14	OK			
feb 6/23	142/95/76	47	OK	OK			8	OK			
feb 7/23	136/88/71	48	OK	OK			1	OK			physio - leg
feb 8/23	139/87/81	52	OK	OK			4	OK			
feb 9/23	132/87/71	45	OK	OK			7	OK			
feb 10/23	152/90/70	62	OK	OK			17	OK			club - afternoon only couple patrons
feb 11/23	147/95/71	52	OK	OK			10	OK			club evening
feb 12/23	140/86/67	54	OK	OK			2	OK			
feb 13/23	144/95/74	49	OK	OK			5	OK			club evening
feb 14/23	149/90/68	59	OK	OK			10	OK			

## Ron's Blood Pressure

Test Date	sys/dia/pul	sys-dia	Low	High	Outliers	notes	Range	Limit	Outliers	Notes	Comments / CAP
feb 15/23	142/97/70	45	OK	OK			14	OK			
feb 16/23	148/92/70	56	OK	OK			11	OK			club evening
feb 17/23	136/90/68	46	OK	OK			10	OK			2 electrical repairmen came in
feb 18/23	147/91/68	56	OK	OK			10	OK			
feb 19/23	149/87/73	62	OK	OK			6	OK			
feb 20/23	120/75/70	45	OK	OK			17	OK			
feb 21/23	144/85/72	59	OK	OK			14	OK			physio - leg
feb 22/23	121/87/73	34	OK	OK				Failed	25		
feb 23/23			Failed	OK			34	Failed			
feb 24/23			Failed	OK			0	OK			
feb 25/23			Failed	OK			0	OK			party - Uxbridge
feb 26/23			Failed	OK			0	OK			
feb 27/23			Failed	OK			0	OK			
feb 28/23			Failed	OK			0	OK			

Ron's Blood Pressure

Test Date	sys/dia/pul	sys-dia	Low	High	Outliers	notes	Range	Limit	Outliers	Notes	Comments / CAP
Count/Sum		408			3		401				
Mean		47.61					7.03				
Standard Deviation		6.74					5.54				
Kurtosis		-0.10	normal								
Skew		0.11	normal								
CP		1.1									
CPK		0.6									
		Bin									
Upper Control Limit		67.84	See doctor if it gets higher than this								
		61.10									
		54.35									
		47.61									
		40.87									
		34.13									
Lower Control Limit		27.39	See doctor if it gets lower than this								